Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – 20-Jun-2023

Time: Three Hours **Max. Marks: 45 Marks**

NUTRITION
(RS3, RS4 & RS5)
Q.P. Code: 1755

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary. Answer all questions
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

1 x 10 = 10 Marks

LONG ESSAYS

1. Explain nutritional requirements in old age and plan a menu for a 65 year old healthy older adult.

5 x 5 = 25 Marks

SHORT ESSAYS

2. Describe the role of nutrition in maintain health.
3. Explain the metabolism of carbohydrates.
4. Mention the function of Zinc.
5. Explain food preservation.
6. Explain the methods to impact nutrition education.

5 x 2 = 10 Marks

SHORT ANSWERS

7. What is calorific value of lipids?
8. Define Kwashiorkar.
9. What is significance of BMR?
10. Define Pernicious Anemia.
11. What is the daily requirement of water?

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https://www.rguhsonline.com